

Title: Understand the miracle of the Loaves

“There will never be a day that will not require: Dedication-Discipline-Good Judgement-The feeling that you will overcome any obstacle. Each day offers an opportunity for improvement in every area of our lives.”

This disciple life is less about trying, but more about allowing the Holy Spirit to change us as we go through the storms and challenges.

Mark 6:45-52 (NTE)

⁴⁵ At once Jesus made his disciples get into the boat and set sail across towards Bethsaida, while he dismissed the crowd. ⁴⁶ He took his leave of them and went off up the mountain to pray. ⁴⁷ When evening came, the boat was in the middle of the sea, and he was alone on the shore. ⁴⁸ He saw they were having to work hard at rowing, because the wind was against them; and he came to them, about the fourth watch of the night, walking on the sea. He intended to go past them, ⁴⁹ but they saw him walking on the sea and thought it was an apparition. They yelled out; ⁵⁰ all of them saw him, and they were scared stiff. At once he spoke to them. ‘Cheer up,’ he said, ‘it’s me, Don’t be afraid.’ ⁵¹ He came up to them and got into the boat, and the wind stopped. They were overwhelmed with astonishment ⁵² they hadn’t understood about the loaves, because their hearts were hardened.

When we look or FRAME our storms, and challenges in our lives wrongly, it can cripple us.

Psalm 69:1-2 (NLT)

Save me, O God, for the floodwaters are up to my neck. Deeper and deeper I sink into the mire; I can’t find a foothold. I am in deep water, and the floods overwhelm me.

He frames the picture of drowning in life, you can be so overwhelmed you are losing your footing.

Psalm 55:2, 5 (NLT)

*Please listen and answer me, for I am overwhelmed by my troubles.
Fear and trembling overwhelm me, and I can’t stop shaking.*

He frames the picture that You are stuck with your thoughts in your head.

Psalm 69:3 (NLT)

I am exhausted from crying for help; my throat is parched. My eyes are swollen with weeping, waiting for my God to help me.

He frames the picture that It feels like God’s not listening.

Psalm 69:12,20 (NLT)

¹² I am the favorite topic of town gossip, and all the drunks sing about me.

²⁰ Their insults have broken my heart, and I am in despair. If only one person would show some pity, if only one would turn and comfort me.

He frames the picture that you feel like no one understands. Everyone is talking about me.

Psalm 73:3-5, 12-13 (NLT)

³ For I envied the proud when I saw them prosper despite their wickedness.⁴ They seem to live such painless lives, their bodies are so healthy and strong.⁵ They don't have troubles like other people, they're not plagued with problems like everyone else. ¹² Look at these wicked people- enjoying a life of ease while their riches multiply.¹³ Did I keep my heart pure for nothing? Did I keep myself innocent for no reason?

This reality Framed by David is not true. Everyone goes through it.

It's about Restoring our Perspective.

Psalm 69:13-16 (NLT)

But I keep praying to you, LORD, hoping this time you will show me favor. In your unfailing love, O God, answer my prayer with your sure salvation. Rescue me from the mud; don't let me sink any deeper! Save me from those who hate me, and pull me from these deep waters. Don't let the floods overwhelm me or the deep waters swallow me, or the pit of death devour me. Answer my prayers, O LORD, for your unfailing love is wonderful. Take care of me, for your mercy is so plentiful.

He was overwhelmed and Began to RE-FRAME **#1 But I prayed**

Psalm 55:16-17 (NLT) *But I will call on God, and the LORD will rescue me. Morning, noon, and night I cry out in my distress, and the LORD hears my voice.*

Psalm 69:30 (NLT)

Then I will praise God's name with singing and I will honor him with thanksgiving.

#2 But I praised God with Thanksgiving

You can Re-frame by looking for God's Goodness.

Thanksgiving and Gratitude makes what you have, enough!

Psalm 73:17a (Passion Version)

But then one day I was brought into the sanctuaries of God, and in the light of glory, my distorted perspective vanished.

One moment in God's presence can bring a peace and calming over your life.

Psalm 73:26-28 (Passion Version)

Lord, so many times I fail; I fall into disgrace. But when I trust in you, I have a strong and glorious presence protecting and anointing me. Forever you're all I need. Those who abandon the worship of God will perish. The false and unfaithful will be silenced, never heard from again. But I'll keep coming closer and closer to you, Lord Yahweh for your name is good to me. I'll keep telling the world of your awesome works, my faithful and glorious God!

#3 But I Put my trust back in God

"My experience plus God's Presence is Enough"

Psalm 55:22(Passion Version)

So, here's what I've learned through it all: Leave all your cares and anxieties at the feet of the Lord, and measureless grace will strengthen you.

#4 But God sustained me

This scripture speaks of learning from it all.

If we can learn through it all, we can remember what we've experienced with the Holy Spirit and we can start Pre-framing before we even enter a storm.

Mark 6:52(NTE)

They hadn't understood about the loaves because their hearts were hardened.

The storm has so much respect for Jesus, without requiring a word – it stops storming.

Job 9:8 (NLT) "God alone stretches out the heavens and marches on the wave of the sea."

This is about a revelation, an unfolding of who is Jesus. They are about to get a new way of looking at reality.

Mark 6:52(NTE)

They hadn't understood about the loaves because their hearts were hardened.

The loaves bring a different way to look at these storms in life.

“When you have a wrong view on reality you get hardened and lose compassion. Jesus brings in something new when the ingredients are scarce.

When you're at the end of yourself – Jesus will create something new to sustain you when there are no ingredients.

** It was Job who said I used to hear about you, but now I see you.

How do you see the miracle of the loaves – you go through the storms instead of fighting the storm. God's invitation is to look and listen.

#5 But I Remembered the loaves – when you're at the end of your rope, remember that God can make something new with no ingredients.

We can live in this reality because:

- I prayed
- I praised
- I trusted
- He Sustained me
- I Remembered the Miracle of the Loaves.